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REGINA ISABELLA

RESORT SPA RESTAURANT

BETWEEN THE STARS
AND THE SEA,
THE ONLY 5* LUXURY HOTEL
OF ISCHIA





THE ISLAND OF ISCHIA AND THE VILLAGE OF LACCO AMENO

Ischia is an enchanting place with expansive views from which to enjoy its breathtaking landscape.

The largest island in the Gulf of Naples, Ischia offers visitors a variety of attractions ranging from the Aragonese Castle, built by Gerone, tyrant of Syracuse in 474 B.C., to the Archeological Museum of Pithecusae. Other attractions include, the Italian film director Luchino Visconti's summer residence "La Colombaia" which now hosts the International Cultural Centre; the Maddalena forest and Mount Epomeo, ideal for naturalistic excursions; and "La Mortella" – the botanical gardens created by English musician William Walton.

Even the lesser-known corners of the island will charm tourists as each enchanting panorama leads to another.

Regina Isabella Resort is located in the northwestern part of Lacco Ameno, an area that extends from the sea to the slopes of Mount Epomeo.

Lacco Ameno is the smallest municipality of the island, famous since ancient times for Queen Isabella's thermal waters.

The thermal baths at Lacco Ameno were known as long ago as the 5th century B.C., when it was a popular resort of Imperial Rome.

In 1588, Calabrian physician and philosopher Giulio Iasolino wrote the first essay on medical hydrology called: "De' rimedi naturali che sono nell'isola Pithaecusa, oggi detta Ischia" (Natural Remedies on the Island of Pithecussai, today known as Ischia) in which he demonstrates how, in ancient times, the thermal baths of Ischia were renowned for their healing powers. He analyzes the chemical and physical properties of the thermal waters and explains their usage in healing the ill.

Thus, after medieval oblivion, the thermal baths regain their original popularity and **in the XIX century Queen Isabella**, Ferdinando of Borbone's wife, **gives her name to the baths of St. Restituta, patron saint of Ischia.**

The history of Lacco Ameno is closely related to the beginning of civilization on the island and in southern Italy. For centuries, the Greek village on Mount Vico was the only inhabited part of the island and represented the beacon of Greek culture in the Tyrrhenian Sea.

In 82 B.C., Silla razed the village to the ground because the inhabitants had given support to Mario, his rival.

From then on any traces of the town of Pithecussai are lost.

During the Middle Ages, the town and the island went through a period of decline that ends in the 1400's upon the arrival of the Aragonese Dynasty.



It is believed by many scholars that the name **Lacco derives from the Greek word “lakkos” meaning stone**. On the 18th of November 1862 the town council, headed by Mayor Carmine Mennella, made the request to king Vittorio Emanuele II to add the adjective "Ameno".
The concession was granted on January 4th, 1963 by ministerial ruling.

Lacco Ameno, with its natural amphitheatre facing the sea, can rightfully claim to be the driving force in promoting tourism throughout the island of Ischia. It is proven that the highest radioactivity coefficient in the thermal waters is found in the springs of St. Restituta.

The island's year-round mild climate and the renowned hospitality of Lacco Ameno, make it an ideal place to visit any time of the year. In summer, the island surrenders to the sun and sea in a mosaic of colors, sounds and scents. In spring and fall the island is embraced by tranquility and serenity making these ideal seasons to regenerate through the healing powers of the thermal waters and mud baths on the island. these ideal seasons to regenerate through the healing powers of the thermal waters and mud baths on the island.



REGINA ISABELLA RESORT - THE HISTORY

Regina Isabella Resort was built in the 1950's by Angelo Rizzoli.

The island's beauty and thermal baths captivated the illustrious publisher and film director. In 1956 he decided to enlarge historic Regina Isabella's thermal baths and build a resort over the ancient Greek - Roman ruins.

After just a few years, Ischia and "Regina Isabella Resort" became the centre of attraction for cosmopolitan worldliness.

Celebrities such as Richard Burton, Liz Taylor, Maria Callas, Alberto Sordi and William Holden enlivened those popular years making it one of the most exclusive and glamorous destinations.

In more recent years, representatives of the entertainment and business industry, as well as politicians and intellectuals gravitate around the hotel attracted by the prestigious cultural events that are organized in Ischia.

Regina Isabella Resort rewards its guests enchanting moments in a strikingly rich architectural setting.

The island's history dates back over 2700 years, and combined with its mild climate, the naturalistic environment and Lacco Ameno's hospitality make it the ideal destination.



REGINA ISABELLA RESORT - THE SERVICES

Regina Isabella Resort is located directly on the seashore, in the midst of a peaceful bay surrounded by rocky shores and lush Mediterranean vegetation.

The main entrance of the hotel faces the picturesque square of Santa Restituta, known for the church bearing the same name. It is located near the Archaeological Museum and charming antique shops and boutiques.

In every hotel unit, **Regina Isabella, Sporting and Royal**, a Mediterranean savoir vivre, devoted to elegance and beauty, characterizes the atmosphere of every lounge and terrace. Guests of the hotel experience typical Neapolitan culture with its colors, warmth and vitality through personalized service and special care for detail.

1950's style furnishings combine with paintings by contemporary artists and elements of modern design. The hotel's architecture and interior decorating clearly shows evidence of a culture founded on appreciation of beauty and good taste. The bright and lofty Mediterranean-style interiors are decorated with hand-painted Neapolitan-tiled floors, derived from the old tradition of the school of Capodimonte, hand hand-painted tiles, antique pieces in the typical style of Patrician Neapolitan villas decorated with Murano chandeliers, paintings and tapestries of the finest craftsmanship.

Regina Isabella Resort has **four swimming pools**, two outdoor and two indoor. The first outdoor pool is on the beach above sea level, contains purified seawater and is surrounded by a solarium with wood-floored deck and comfortable lounge chairs. The other outdoor pool is filled with thermal water or heated seawater and is the ideal pool for "talasso" therapy (sea-water based therapy) in which to simply relax. One indoor pool contains thermal-water for regenerating baths and the second one, known as the "Risveglio dei Sensi" pool (sensorial awakening pool) is filled with thermal water used for various therapeutic treatments such as music-therapy, chrome-therapy and aromatherapy.

Regina Isabella Resort also offers a **gym and tennis courts**.

There are also **two docks**, equipped with lounge chairs and sun umbrellas, from which guests have easy access to the sea. Thanks to them, our guests have the possibility to reach the hotel aboard our elegant speedboat **Magnum53** or aboard their own yacht.

The taste for beauty is evident in the hotel's **boutique** collection as well, that offers exquisite silk scarves and beautiful bags in canvas and leather.

Regina Isabella Resort has **four different meeting rooms with a capacity that ranges from 30 to 150 participants**: Sala Azzurra, Sala Pinetina, Sala delle Carte, Sala degli Agrumi.

The hotel is the perfect place to host meetings and conferences, thanks to the modern **conference centre for 500 people**. It's located in the midst of a beautiful park, very close to the hotel, and is equipped with the most advanced audiovisual technologies.



REGINA ISABELLA RESORT - THE APARTMENTS

Regina Isabella Resort has **128 rooms, including 27 luxury accommodations.**

All rooms offer the highest levels of comfort, following its centennial tradition of hospitality, and are equipped with **air conditioning, satellite television and radio, safe deposit box, mini-bar, direct international dialing telephones, free Wi-Fi connection.**

There are different room types:

Imperial Suite

This large and luxurious suite is located in the Royal hotel unit, with magnificent sea-view, two or three bedrooms, a sitting room and up to five bathrooms. It has a waterfall shower with freshwater or seawater and an indoor or outdoor Jacuzzi which can be filled with freshwater, seawater or thermal water. In addition, it has a private self-service bar and butler service.

Royal Suites

Located in the Royal hotel unit, with a balcony overlooking Lacco Ameno's bay, these suites have one bedroom, sitting room and two bathrooms. It has a waterfall shower with freshwater or seawater and an indoor or outdoor Jacuzzi which can be filled with freshwater, seawater or thermal water. In addition, it has a private self-service bar and butler service.

Double Deluxe Royal

Located in the Royal hotel unit, it's spacious and has a balcony or terrace overlooking the sea. In some cases, it has a waterfall shower with freshwater or seawater and an indoor or outdoor Jacuzzi which can be filled with freshwater, seawater or thermal water.

Suite Regina Isabella

Located in the Regina Isabella hotel unit, it has balconies overlooking the hotel's private bay and Gulf of Naples. It's spacious and comfortable with one bedroom, sitting room and two bathrooms.

Junior Suite Superior

Located in the Regina Isabella and Sporting hotel unit, it has a separate sitting room, balconies and terraces facing the sea.

Junior Suite Standard

Located in the Regina Isabella and Sporting hotel unit, it has a separate sitting room, balconies and terraces with front or side sea view.

**Double superior room**

Located in the Regina Isabella and Sporting hotel unit, it is brightened by large balconies with an enchanting sea, garden or Lacco Ameno's square view.

Double standard room

Located in the Regina Isabella and Sporting hotel unit, it's comfortable and elegant. It's characterized by a combination of different styles and has window with sea, garden or Lacco Ameno's square view.

Single superior room

Located in the Regina Isabella and Sporting hotel unit, it's refined and elegant and offers a warm atmosphere allowing guests to relax and enjoy spectacular sea views from its spacious balcony.

Single standard room

Located in the Regina Isabella and Sporting hotel unit, it's spacious, elegant and comfortable with a window overlooking the sea. It's characterized by a combination of different styles.



REGINA ISABELLA RESORT - THE RESTAURANTS

Regina Isabella Resort offers its guests the possibility to choose between **three restaurants, managed by michelin-star Executive Chef Pasquale Palamaro**, in which to dine with magnificent sea views and numerous delicious traditional Mediterranean dishes accompanied by the finest wines.

The new **DolceVita Restaurant**, for dinner, is an elegantly decorated open terrace overlooking the sea. It offers traditional and creative dishes specializing in fresh seafood and typical products from all over Italy.

The **Sporting Restaurant**, overlooking the sea, offers fresh fish for lunch as well as typical Neapolitan buffet and healthy dishes.

The gourmet choice, to satisfy the most demanding and refined tastes of our national and international guests, is offered by **Indaco gourmet restaurant**. Built in an enchanting setting overlooking the sea, it takes its name from the color of the sea in front of it and consists of an indoor and outdoor space. An intimate and refined experience between the star and the sea, the cuisine, mainly fish, includes Ischian and Indaco garden products. The Chef personally takes good care of the garden, and he loves bringing hotel guests to taste the first fruits of the season.

The **Regina Isabella Bar** is a cozy sophisticated place to enjoy moments of great pleasure and relax.

The **Sporting Bar** offers a charming meeting point on the rocks with caffè service and snacks or even a romantic cocktail at sunset.

To complete the choice of restaurants, the **Life Bar** offers herbal teas and extracts studied to give provide wellness and delicious taste at the same time.

Regina Isabella Resort takes special care in satisfying the different needs and tastes of its guests: those who follow the "Nutrition & Wellbeing" program can enjoy special healthy menus; wine lovers can taste some of the best national and international labels; and tobacco connoisseurs can benefit from a collection of carefully selected cigars preserved in a damp air-conditioned room.



REGINA ISABELLA RESORT - THE EVENTS

Regina Isabella Resort plays a leading role in **glamorous, cultural, wine and gastronomic events** that liven the days and nights of Ischia. Among the most important ones are the prestigious “Premio Ischia Internazionale di Giornalismo” (Ischia International Journalism Award), the film festival “Ischia Global Film & Music Fest” which attracts renowned celebrities, the “Piano & Jazz” festival and the “Ischia Vintage” oenogastronomical festival.

Regina Isabella Resort is also known for its parties to celebrate “Ferragosto” (a traditional Italian holiday in mid-August) and New Year’s Eve.

Summer Dinners

The oenogastronomical showcase promotes young talented chefs from southern Italy as well as important specialists of Italian cuisine from other countries. The Summer Dinners, from June to September, are organized by Regina Isabella Resort at the new en-plain air gourmet restaurant “Indaco.” The menu of the event is created by young Chef Pasquale Palamaro together with his guest chefs to pay tribute to seafood in Mediterranean cuisine. This event is open to all those who wish to experience the most refined dishes resulting from exceptional ingredients combined with the talent and creativity of great chefs.

Ischia International Journalism Award

Ischia rewards top journalists with the “Premio Ischia,” an award under the prestigious patronage of the President of the Italian Republic, in recognition of its historical importance. Top journalists from different fields (financial and political) are ever present at this event and Regina Isabella Resort is proud to host the event year after year, confirming it as the highest point of Ischia’s cultural life.

Ischia Global Film & Music Fest

Ischia becomes movie capital during the “Ischia Global Film & Music Fest,” a film showcase featuring an international billboard that takes place nightly in July for one week. Films are shown on a large panoramic screen by the sea in Regina Isabella Resort bay area.

Piano & Jazz

Late August is dedicated to top-level jazz, offering a wide variety of choices and intriguing combinations. The concerts are held at Parco Negombo and feature important guests. Regina Isabella Resort hosts the opening and closing night of the festival.

Ischia Vintage

An event dedicated to prestigious wine tasting and cooking courses, the leading actors are the best internationally renowned wine labels.

This event is traditionally presented by Ian D’Agata, a famous Italian oenologist and author of “The Ecco Guide to the Best Wines of Italy” and “Guida D’Agata & Comparini ai Migliori Vini d’Italia” (Guide to the Best Italian Wines by D’Agata & Comparini) and Manager for Steven Tanzer’s International Wine Cellar in Italy. A series of wine tastings; cooking lessons headed by Michelin-star Executive Chef Pasquale Palamaro; and dinners planned to enhance the wines accompanying them.



REGINA ISABELLA THERMAL SPA

The millenary thermal springs of Ischia are available to Regina Isabella Resort guests in its prestigious spa. **They donate new vitality and renew body and spirit** by giving new beauty and harmony. The qualities of the **waters, called “multi-active”**, have beauty and healing benefits, according to careful scientific research. A medical team, in fact, is ready to welcome every guest and to make a customized beauty and wellness course.

Also, the mud of Regina Isabella Thermal Spa, collected in the natural caves of the island of Ischia, is left to steep for more than six months in thermal water from which it absorbs the mineral properties and medicinal virtues. It's recovered and reused, according to law, to avoid wastages and sustain the environment.

Regina Isabella Thermal Spa offer a variety of treatments that take advantage of the beneficial effects of various **massages, nutrition and fitness programmes**.

Attentive toward any new breakthroughs in the aesthetic and medical field, the spa offers **thermal plastic (anti-aging) dermatological treatments**. These are true miracles of eternal youth that use the benefits of thermal waters to produce a longer lasting effect in the prevention of skin aging and other skin problems.

A synergy between tradition and modernity that we call Health Spa. The treatments are effective about **four areas, Medical-Spa, Wellness, Beauty, Relax**, and can be more effective depending on total course structure.

Our staff is available to plan the ideal course depending on your needs. We have also studied basic programmes, for the most common needs, that can be customized to reach specific goals.

The origins

The history of thermal baths began in the 8th century B.C. when Greek settlers first started using the hot waters gushing from the slopes of Mount Epomeo. The Romans were the first to understand the potential benefits of the hot springs; mythical hero Hercules protected the waters of Lacco Ameno and the Romans turned the thermal baths into one of the most popular health resorts of the Roman Empire.

“Multi-active” waters

In the land of volcanoes, “multi-active” waters and mud baths have been renowned, since ancient times, for their remarkable regenerative and therapeutic qualities. The thermo-mineral springs of Lacco Ameno are **“hyper-thermal”**, that is they gush out at a high temperature (**80 °C**) and are rich in minerals such as: chloride, sodium, bicarbonate, sulfur and magnesium. They are known as “multi-active” waters because of the numerous beneficial qualities they possess. These thermal waters have been studied since the early 1900's - Nobel Prize winner Marie Curie was one of these scientists - and certified through medical literature.



La linea RI for Me

Our Laboratories have obtained Mediterranean scrub plant extracts of the purest quality that have an extraordinary cosmetological effectiveness.

The technological processes used to obtain the active principles in these plants guarantee their absolute purity. Combined with our multi-active waters, these active principles restore damaged structural components caused by skin aging and environmental stress.

Some of the products in the RI for ME product line contain phytomelatonin, an oil extracted from selected plants and rich in melatonin.

Clinically tested, it has an intra and extra antioxidant effect on skin cells. The effect is enhanced due to its easy transdermal absorption resulting in an accumulation of phyto-melatonin in the skin - an accumulation that guarantees a prolonged effect over time. It also provides considerable protection against UVA and UVB rays and is an excellent regenerative treatment, restoring radiance and suppleness to the skin.

Our Laboratory research has shown that the best way to preserve skin wellness is to follow its biological "intelligence."

With a balanced mix of proteins, lipids and minerals, each skin type can choose the ingredients it needs to re-establish its own physiological rhythm and balance. A skin check-up by our medical staff will ascertain the status quo and identify the specific active principle required to restore perfect skin homeostasis.

All our products are free of preservatives, colour and paraffin, with a high content of natural active principles that guarantees absolute effectiveness.

People usually speak of water, but we actually ought to speak of waters: various waters, each having its own origin, its own character, its own history.

The RI for ME Dermocosmetic line contains water from our thermal sources.

Their "ingenious" properties are generated in the volcanic depths of the island of Ischia, where the waters are heated and thrust towards the surface by magmatic hotbeds. On its way upward, the water passes through mineral salt deposits rich in natural energy, which it absorbs along with other numerous colloidal marine substances. These waters have a dynamic effect on the metabolic system, benefitting the body's cell-regeneration processes.

REGINA ISABELLA RESORT - THE HALL OF FAME JOURNAL

Among the numerous celebrities that have chosen L'Albergo della Regina Isabella as their favourite place in Ischia to spend their vacation:

Alberto Sordi	Gianni Agnelli	Naomi Watts
Andrea Bocelli	Giulio Einaudi Giuseppe Tornatore	Nicolas Cage
Andrea di Jugoslavia	Giuseppe Tornatore	Noa
Angela Bassett	Gwyneth Paltrow	Oliver Stone
Anna Falchi	Harry Belafonte	Paul Haggis
Antonio Banderas	Harvey Weinstein	Peter Fonda
Aurelio De Laurentiis	Helen Mirren	Peter Greenaway
Ava Gardner	Hylary Swank	Ralph Fiennes
Ben Kingsley	Indro Montanelli	Randy Ingerman
Burt Bacharach	Jacqueline Bisset	Raoul Bova
Carlo Verdone	Jason Lewis	Richard Burton
Catherine Hepburn	Jean Claude Van Damme	Rosario Dawson
Channing Tatum	Joaquin Cortes	Selena Gomez
Charlie Chaplin	John Landis	Serena Autieri
Christiaan Barnard	Joseph Fiennes	Sheryl Crowe
Christian De Sica	Jude Law	Silvio Muccino
Christoph Waltz	Laura Dern	Stanley Tucci
Clark Gable	Laura Morante	Stefania Sandrelli
Cristina d'Assia	Laura Pausini	Sting
Danny Glover	Lina Sastri	Terry Gilliam
Dante Ferretti	Lina Wertmuller	Tom Cullen
Dario Argento	Maria Callas	Trudie Styler
Diane Kruger	Mariagrazia Cucinotta	Ugo Tognazzi
Diego Della Valle	Marina Cicogna	Val Kilmer
Edda Ciano Mussolini	Martina Stella	Valentino
Elizabeth Taylor	Matt Damon	Vanessa Redgrave
Elsa Martinelli	Matt Dillon	Vanessa Redgrave
Eva Herzigova	Matthew Modine	Vincenzo Salemme
Ferzan Opzetek	Michael Bolton	Walter Chiari
Francis Ford Coppola	Michel Platini	William Holden
Franco Nero	Michele Placido	Zucchero
Gerard Butler	Nancy Brilli	
Giancarlo Giannini		



The “FUORI REGINA”

Regina Isabella Resort knows how to make its guests' stay enjoyable according to personal habits and lifestyles:

- excursion at Punta Imperatore or diving in the fascinating depths of San Pancrazio, for guests who wish to explore the wonders of the island, on board the hotel's comfortable and elegant Magnum 53
- trekking on the Mount Epomeo, jogging and walking through the island's forests
- folkloristic religious festival, from June to August
- gourmet experiences for those who love fine cuisine
- theater and music review at Villa Arbusto and at the Giardini Walton (or Mortella)
- cultural walks to the Walton garden museum or the Ravino botanical garden
- thermal paths at Negombo or at the Giardini Poseidon



REGINA ISABELLA RESORT - ON THE WEB

BRAND NAME

Regina Isabella Resort

WEB PRESENCE

Website: www.reginaisabella.it

Email: marketing@reginaisabella.it

Facebook: [/regina.isabella](#) [/ristoranteindaco](#)

Twitter: [/reginaisabella1](#)

Instagram: [/regina.isabella](#)

TripAdvisor: Regina Isabella Resort

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Optional (or in specific situations)

[#ReginaIsabella](#) [#RistoranteIndaco](#) [#TermeReginaIsabella](#) [#luxury](#) [#luxurylife](#) [#luxurylifestyle](#)